

KEEP IT PUSHING



My name is Gilbert J. I am an American blog writer from Los Angeles, California. Born with Spina Bifida, I've always wanted to use my life challenges to help and inspire others who have shared similar experiences.

Everything I have been through and all the personal knowledge I've gained, I can share with others. My motivation in launching this blog is that it'll make the process a little easier for the next person. By highlighting adaptable products and available resources, **Keep It Pushing** e-newsletter is your virtual buddy for quality information.



May Awareness:

Mental Health Awareness Month

National Clean Air Month

Arthritis Awareness Month

May

Awareness Spotlight: Brittle Bone Disease



Welcome to the May Keepitpushing.org website's newsletter. This month I will be revisit a subject I've posted about a while back called Brittle Bone Disease. However, this time I have more detailed information. First off, the definition of brittle bone disease is more of a range of disorders with varying severity. The symptoms of brittle bone disease include pain in the bones , fractures bruising in the white part of the eye ,bone tissue formation, bowed legs bruising, calluses, enlarged head, hearing loss physical deformation, scoliosis or a short stature created by bone deformity. I found there are at least eight types of brittle bone disease also known as Osteogenesis imperfecta or Osteoporosis each having differing implications on life expectancy. For example, children living with type 2 have a lifespan of typically around 10 years ,where as, individuals with type 1 have typically normal lifespans. Treatments consist of bone health medication, physical therapy, and orthopedic surgery. There are also devices like splints and orthopedic casts, as

Organizations for the Betterment of Mental Health

certain diets, that can have an impact on bone health. The Children's Hospital in Los Angeles is a local facility that provides treatment. The cost of treatment can be quite high in a ranging from 6,400 to 10,8000 per case. . This equates up to17 billion in cost to treat fracture patients across the country a year and another 2 billion in non fracture costs annually. Luckily, Cheryl Saban PHD and Marion Anderson along with their spouses helped fund the 10 million dollar project to build Children's Hospital in Los Angeles where patients have access to all of these options. Construction began in 1901 and it is still one of the worlds leading facilities in treating brittle bone disease, as well as, a multitude of other health issues today. For more information, please visit:

[Center for Endocrinology, Diabetes and Metabolism | Children's Hospital Los Angeles \(chla.org\)](http://CenterforEndocrinology,DiabetesandMetabolism|Children'sHospitalLosAngeles(chla.org))

