

KEEP IT PUSHING




My name is Gilbert J. I am an American blog writer from Los Angeles, California. Born with Spina Bifida, I've always wanted to use my life challenges to help and inspire others who have shared similar experiences.

Everything I have been through and all the personal knowledge I've gained, I can share with others. My motivation in launching this blog is that it'll make the process a little easier for the next person. By highlighting adaptable products and available resources, **Keep It Pushing** e-newsletter is your virtual buddy for quality information.



April Awareness:

Earth Month

Child Abuse Prevention Month

Alcohol Awareness Month

Organizational Awareness Spotlight: Oxygen Health Systems



Good day to all the keepitpushing.org supporters. For the month of April I am featuring a brand new product from the company Oxy Health. The product I'm referring to is called a Hyperbaric Chamber and it does wonders for those who used it. However, before I get started with the review, I would like to take a moment to recognize and thank Logan Poudel, the representative from the Oxy health organization, that was kind enough to speak with me. Oxy Health is a company that directly sells hyperbaric chambers and has been operating for around 25 years. During the interview I asked Logan the purpose and function of a hyperbaric chamber, which was explained as, a chamber that produces elevated levels of pressurized air. The enclosed chamber has compression tanks and uses additional air to flow into the lungs. This promotes rejuvenation and healing especially in recovery from an injury. The maintenance to the chamber is minimal, however it is recommended to use a basic cleaning solution and a micro fiber cloth to wipe down after every use.

Organizations for the Betterment of Mental Health

As far as more in-depth maintenance; it should only take place every 3-7 years. It is also suggested to not wear shoes in the chamber to help maintain cleanliness. The contact information for Oxy health is located on their website:

www.oxygenhealthsystems.com

I also asked about employment opportunities for the disabled and was told that currently they were fully staffed however opening can occur at any time. They also stated that there were no plans to expand the company at this time. While this investment in recovery may seem costly, the price range on the different types of chambers will cost you between \$9,000-23,000; there are many insurance companies that can finance the chamber. Prices also depends on whether you're buying commercial or for personal use.

