

KEEP IT PUSHING



My name is Gilbert J. I am an American blog writer from Los Angeles, California. Born with Spina Bifida, I've always wanted to use my life challenges to help and inspire others who have shared similar experiences.

Everything I have been through and all the personal knowledge I've gained, I can share with others. My motivation in launching this blog is that it'll make the process a little easier for the next person. By highlighting adaptable products and available resources, **Keep It Pushing** e-newsletter is your virtual buddy for quality information.



Did you know?

Emma founded ExploreableAccess after noticing a real need for more accessible recreation opportunities.

July Awareness Spotlight

Explorable Access

For the month of July, I'm happy to feature a brand-new company to me, even though the founder has been operating since October 2025. The company is ExploreableAccess, created by a young woman named Emma, whose mission is to promote inclusive recreation experiences for individuals with disabilities and a wide range of accessibility needs.

Emma founded ExploreableAccess after noticing a real need for more accessible recreation opportunities, as well as travel experiences, for people with disabilities. If you'd like to contact ExploreableAccess, you can email: ExploreableAccess@gmail.com

Emma is an Australian woman, but ExploreableAccess is based out of Ontario, Canada. She is currently the only employee and owner, so please be understanding as she continues to grow. Pricing for her services varies depending on the accommodations you require.

As her circumstances allow, Emma hopes to expand her company internationally. Her long-term goal is to eventually provide support staff to travelers. She is also open to hiring disabled individuals in the future, as long as the applicant's capabilities align with the role.

There is no special equipment or additional purchases required from customers. ExploreableAccess' message to the disabled community is simple: don't be afraid to travel and explore. It may take a bit of pre-planning, but the experience is worth it.

As I said at the beginning of this newsletter, I'm truly happy to highlight a company with such dedication to providing access, support, and service to the disabled community around the world. I appreciate Emma very much for her work and plan to help promote her and ExploreableAccess to the best of my ability. I also want to make it known that I intend to continue highlighting not only summer activities for the disabled community, but opportunities all year long — whenever I find the right company to feature.

Until next month, This is Gilbert J. for KeepItPushing.org